

Snack Idea List

1. Cheese and Crackers
2. Grapes
3. Baby Carrots & Dip
4. Gold Fish
5. Muffins
6. Pretzels
7. Apples
8. Bananas
9. Jell-O (low fat)
10. Graham Crackers
11. Granola Bars
12. Raisins
13. Yogurt
14. String Cheese
15. Hard boiled eggs
16. Wheat thins
17. Mini Bagels
18. Trail Mix
19. Pop Corn
20. Vanilla Wafers
21. Rice Cakes w/Fruit spread
22. Baked Chips
23. Strawberry Slices
24. Melon Balls

If you have any additional suggestions, or would like this list changed in anyway please let me know. Your ideas are very important to me.

As of right now we are still Peanut Free. Again if you have any concerns about introducing peanuts back into our preschool please let me know. I really feel it would be beneficial to do so. I hope to start the process and finish it by the beginning of October if there are no other reservations.